

Dear Bethany Parents and Carers,

Welcome to Week 1, Term 3. I hope that you were able to enjoy the July break. It was a good opportunity to be able to sleep in and keep warm. I am sure some of our families were able to escape from the cold weather to a warmer place like myself. Last week, I returned from my long service leave holiday from America. It was an amazing experience and I have been sharing so many stories to parents and staff.

I am excited to be back and looking forward to the Bethany Mid Winter Carnival tonight. I hope to see you and your families this evening in support of the Bethany Parents and Friends Committee. Mrs Samantha Young and her team have worked so hard, especially this week in the final preparations for our annual fundraising event.

I wish to thank the Bethany leadership team in supporting the Bethany parents and students in my absence from Weeks 7 to Week 10 last term. Mrs Jodie Donlan will return to school on Monday next week from her long service leave. Mrs Catherine Baldacchino began her long service leave on Monday this week and she will return in Week 4, Monday 13th August. Miss Pascale Joseph will return from her leave in Week 3, Monday 6th August.

There are a number of Bethany families who are in need of our prayers. I ask the Bethany parents to keep the following families in your thought and prayers:

The Baldacchino family. Mr Baldacchino's mother, Marlene Baldacchino passed away on 14th July. She will be sadly missed.

Mrs Ingrid Akkari's family. Mrs Akkari's father was taken to hospital yesterday. He is awaiting further tests.

The Nesbit family. Ryan continues with his treatment this term.

If you are aware of other families who are experiencing hardship and/or illness please let me know so we can prayer for their needs and wellbeing.

Warmest Regards Cheryl Brown

IMPORTANT DATES

Sunday 29th July	Thanksgiving Mass - 9:30 am
Tuesday 31st July	Year 6 Parent Session, PDHPE - 6:00 pm
Friday 3rd August	Book Fair and Grandparents' Day
	School Representative Council (SRC) Induction and Badging
Tuesda <mark>y 7</mark> th August	Kindergarten Excursion - Calmsley Hill City Farm
Wednesday 8th August	Mary MacKillop Feast Day Classroom Liturgy
Friday 10th August	Nepean Zone Athletics Carnival - Blacktown
Tuesday 14th August	Year 4 Excursion - Elizabeth Farm and Hambledon Cottage
Wednesday 15th August	Feast of the Assumption School Mass - 9:00 am



PARENT AND CARER INFORMATION

This term we will introduce a section for parents and carers with information on 21st century educational themes.

This week we are starting with **Emotional Intelligence**.

Emotional Intelligence is widely recognised as important for human flourishing. It includes:

- the ability to identify and appropriately express one's emotions;
- the ability to manage and self-regulate negative emotions; and
- the ability to empathise with others' emotional state.

While people will be gifted to different degrees with Emotional Intelligence (EQ), like all intelligences, we can only experience the maximum potential benefits if we train that intelligence and learn the necessary skills. This is what Emotional Literacy is all about – developing the skills that allow our natural Emotional Intelligence to flourish and enrich our lives. It's a key skill in developing healthy relationships and experiencing life as a gift in all its wonder and challenges.

Emotional Literacy brings the following benefits:

- promotes self-awareness and positive self esteem ('I know and understand myself and my needs and I am comfortable with who I am');
- fosters self-control ('I choose how I will respond to strong emotions');
- develops resilience and optimism, important character traits known to be influential for healthy, welladjusted individuals ('I can see the positive side in every situation, good and bad alike');
- facilitates healthy communication with others and the appropriate expression of desires and needs ('I can express myself clearly and respectfully');
- promotes empathetic understanding towards others which helps prevent bullying and other destructive behaviours ('I can understand how others are feeling').

Our children are always observing the adults in their world, most particularly their parents. It is from their parents that children learn about ways to regulate their emotions and about how to empathise with others' emotional states. When we have a healthy way of handling our emotions we are better placed to help our children manage theirs. It is through reflective dialogue with our children and good role modelling that our children come to know that they can manage their emotions.



Diocese of Parramatta Scripture Conference EDWARD SRI - Unpacking the Gospel of Mark

Reading the scriptures is important for our spiritual and emotional wellbeing, just as breathing is to our physical well being.

DR. EDWARD SRI is a nationally known Catholic speaker and theologian who appears regularly on EWTN and is the author of many well-loved Catholic books. He is a founding leader, with Curtis Martin, of FOCUS (Fellowship of Catholic University Students). Sri holds a doctorate from the Pontifical University of St. Thomas Aquinas in Rome. He resides with his wife, Elizabeth, and their six children in Littleton, Colorado. Each year he speaks to tens of thousands of people from around the world, including clergy, parish leaders, catechists and laity.



The overwhelming response to Edward Sri's lecture to leaders and teachers from the Parramatta Diocese in

2017, which focused on unpacking the Old Testament, meant that the CEDP believed another visit from Edward would be valuable. It was, and we weren't disappointed! He once again took listeners on a spiritual journey through the sacred scriptures, in particular the Gospel of Mark.

For Catholics, the scriptures are entirely familiar, but often not well understood. When we read the Gospels, we are inspired. We are spiritually filled by the words and actions in the sacred scriptures. Having the Gospels unpacked in such a profound way made the Gospels come alive!

Edward spoke about the cultural, historic and symbolic meanings from the Gospel, making links between the Old Testament and the New. He made us 'hear' the words with more understanding of the cohesive relationship between the two books of the Bible.

Did you know:

- Mark was a disciple of St.Peter. He learnt through Peter's encounter with Jesus;
- The Gospel of Mark is the shortest Gospel. It is actually the easiest to read;
- It is known as the evangelist Gospel;
- The author was John Mark (cousin of St. Barnabas);
- The audience were Gentile Christians (possibly in Rome because he explains Jewish practices);
- The Gospel was written before 70 AD, as early as 50 AD;
- The purpose of the Gospel was to remind Roman believers of the power and sufferings of Christ and to encourage them to remain faithful during their time of trial;
- He has miracle stories and sayings linked to a long passion.

I look forward to sharing what I learnt about the Gospel of Mark with my staff in the near future.

"If you want to talk to God, pray.

If you want God to talk to you, read your scriptures."

John Bytheway

KINDERGARTEN NUMERACY

It's great that the Kindergarten children are back in their classrooms. I appreciate that last term was a difficult time for parents, students and teachers and wish to express my appreciation for your patience and understanding.

Today the Kindergarten classes each received a new carpet mat. Talk to your children about their new classroom mat and ask them if they can identify any mathematical themes; for example, rows, columns and patterns.





LIBRARY NEWS

Book Fair is coming to Bethany

Friday 3rd August 2018





We look forward to seeing the Bethany community enjoy the spectacular Mid Winter Carnival. A huge thank you to our wonderful P & F team for all their hard work!





SCHOOL FACILITIES REFURBISHMENT

In Term 4, 2017, the Catholic Education Diocese of Parramatta (CEDP) invited schools to submit a business case for Capital Works. I submitted a business case to refurbish the Administration Office to include a Student Foyer. As the Principal of Bethany since October, 2016, I have observed the protocol of our students accessing assistance via a window in the front office and having to access the sick bay via Gate 1 to re-enter the office foyer. I believed this protocol was a WHS matter and began the conversation with the CEDP Facilities Office in March, 2017.

I am very excited to advise that the submission has been approved by the CEDP and I have liaised with the architect this week to begin the works. I will provide further information in the near future.

STAFF NEWS

There have been a few staffing changes over the holidays. At the end of Term 2 Miss Jay Ann Gutierrez resigned from her teaching position in Year 6 White. Interviews were held this week and I wish to advise the following:

Congratulations to **Miss Chloe Dean-Dewstow** for her appointment to the Year 6 W class for the remainder of the school year;

Congratulations to **Miss Jessica Tiller** for her appointment as Year 3 Red teacher whilst Mrs Baldacchino is on leave.

CHANGE OF OVAL ROSTER

As of Monday Week 2, the roster for playing on the oval will be changing. These changes have been made for several reasons including equity for all students to have access to the oval at Bethany and safety. In addition, the oval has been marked into two distinct playing fields to better accommodate student soccer games.

The new playground timetable is as follows:

Infants (Kindergarten, Year 1, Year 2) - Monday Recess and Lunch Stage 2 - Tuesday and Thursday Recess and Lunch Stage 3 - Wednesday and Friday Recess and Lunch

Infants will still have access to the Welcome Garden (Kinder and Year 1) and the astro-turf (Year 1 and Year 2), and Stage 2 and Stage 3 students will still have access to the basketball court and netball rings, and pavers area on days they are not allocated use of the oval.

PARISH NEWS

ST. PADRE PIO PARISH, GLENMORE PARK



WHERE: BETHANY SCHOOL HALL

TIME: 7PM

COST: \$5/person

\$10/family, \$30/table of 8

Please contact: Annabelle Bhandoo (02) 4737-9735 Manny Medel 0422 833 499 Payments can be made in cash to our parish office.



ORGANISED BY THE CHOIR COMMITTEE, IN COORDINATION WITH THE

> FUNDRAISING COMMITTEE

A FUNDRAISING EVENT

LOTS TO ENJOY!

- Singing Competition
- ⇒ Games
- ⇒ Door prizes
- \Rightarrow FOOD AND DRINKS for sale
- ⇒ BYO Alcohol

IN THE COMMUNITY

Penrith Council has kindly provided us with images of School Zone offences. Help keep children safe.

